

## The Take Heart Update in Cardiovascular Nursing Symposium

has an established tradition of excellence in cutting-edge clinical programming and the 2012 program is no exception! The symposium will feature plenary sessions on percutaneous aortic valve surgery, LVAD destination therapies, alternative medicine and unique challenges for obese patients undergoing anesthesia. An afternoon of concurrent workshops on ECG cases, heart sounds, LVAD nursing care and new devices will allow you to tailor the agenda to your interests.

**You don't want to miss the 2012 Take Heart Symposium!**

### ▼ WHO SHOULD ATTEND

This program is intended for those who care for cardiovascular patients, including RNs, APNs, PAs, PharmDs and allied health care professionals.

### ▼ TO REGISTER:

- Go to: [www.accmi.org](http://www.accmi.org)
- Payment is by credit card only.
- The registration fee is non-refundable unless written cancellation is submitted by February 28, 2012 to [ddrago@dmsevents.com](mailto:ddrago@dmsevents.com).

### ▼ REGISTRATION RATES

- VA Employees and ACC Cardiac Care Associates: \$60
- Registration fee for all others: \$80

### ▼ QUESTIONS ON REGISTRATION OR CONTINUING EDUCATION CREDITS?

Diane Drago, Symposium Coordinator 517-663-5147  
[ddrago@dmsevents.com](mailto:ddrago@dmsevents.com)

### ▼ MEETING SITE



**Washtenaw Community College**  
**Morris J. Lawrence Building**  
**4800 East Huron River Dr.**  
**Ann Arbor, Michigan 48105**  
**734-667-5060**

For directions, go to:  
[www.wccnet.edu](http://www.wccnet.edu)

**TAKE HEART UPDATE IN CARDIOVASCULAR NURSING SYMPOSIUM**  
VA Ann Arbor Healthcare System  
Nurse Practitioner Group, Cardiology  
2215 Fuller Road III-A  
Ann Arbor, MI 48105

THIRTEENTH ANNUAL

# Take Heart



**UPDATE in CARDIOVASCULAR NURSING**

**MONDAY, MARCH 5, 2012**

**WASHTENAW COMMUNITY COLLEGE**  
**MORRIS J. LAWRENCE BUILDING**  
**ANN ARBOR, MI**

**Register Today!**

Sponsored by

 **VA Ann Arbor Healthcare System**



**Michigan**  
CHAPTER

- 7:00 A.M. Registration and Continental Breakfast with Exhibitors
- 7:45 A.M. Welcome and Opening Remarks
- 8:00 A.M. **Percutaneous Aortic Valve Surgery/TAVI**  
**Michael Deeb, MD**, Herbert Sloan Collegiate Professor of Surgery, University of Michigan, Ann Arbor, MI  
 An in-depth look at aortic valve disease, especially aortic stenosis and its treatment options, will be explored. The concept and role of TAVI also will be addressed.
- 9:00 A.M. **LVAD as Destination Therapy**  
**David Lanfear, MD, FACC**, Senior Staff Physician, Advanced Heart Failure and Cardiac Transplantation, Henry Ford Health Systems, Detroit, MI  
 An update on the current state of the art in advanced heart failure therapies will be presented. Specific attention will be paid to mechanical circulatory support and its role with or without transplantation.
- 10:00 A.M. Break with Exhibitors
- 10:15 A.M. **Alternative Medicines and Cardiovascular Disease**  
**Barry Bleske, PharmD**, Associate Professor, University of Michigan, College of Pharmacy, Ann Arbor, MI  
 Common micronutrients, supplements and alternative medicines are often advertised to have cardiovascular benefit. The evidence (if any) supporting the benefit of these therapies in cardiovascular disease will be explored, along with recommendations regarding their use.
- 11:15 A.M. **Unique Challenges and Risks for Obese Patients Undergoing Anesthesia and the Implications for Nursing Care**  
**Rosalie Tocco-Bradley, MD PhD**, Chair, Department of Anesthesiology, St. Joseph Mercy Hospital, Ann Arbor, MI  
 The medical implications of obesity in our society are vast, including resultant co-existing disease associated with it and the notable increased risk of complications during anesthesia and surgery. The anesthesia team and post-operative nursing and physician team must be aware of and prepared to care for a multitude of problems likely to present in the peri-operative obese patients. The role of the teams in assessing and managing co-morbidities in the preoperative obese patient and the potential challenges during the induction of anesthesia in the obese patient will be addressed.
- 12:15 P.M. Lunch and Networking with Exhibitors

- 1:00 P.M. **BREAKOUT SESSIONS: GROUP 1**  
*(Select one session during this time period when registering.)*  
**Session 1A: Case Studies in 12-Lead ECG Interpretation**  
*(Repeated at 2:15 P.M.)*  
**Kathryn S. Bizek, MSN, ACNS-BC, CCRN**, Nurse Practitioner, Cardiac Electrophysiology, Henry Ford Health System, Detroit, MI  
 An interactive case study approach will be used to demonstrate a systematic method for analyzing and interpreting 12-lead ECGs. Specific cases to be presented include: differentiating ventricular tachycardia from SVT with aberrancy, isthmus-dependent, counter-clockwise atrial flutter, QT prolongation and torsades des pointes, and left bundle branch block and biventricular pacing.
- Session 1B: Click, Swish, Whoosh! The Clinical Significance of Heart Sounds**  
*(Repeated at 2:15 P.M.)*  
**Susan D. Housholder, RN, MSN, CCRN, ACNS-BC, ANP-BC, FAHA, AACC**, Nurse Practitioner, Multidisciplinary Aortic Program, University of Michigan Health System, Ann Arbor, MI  
 This session is designed to enhance the understanding of the underlying physiology of heart sounds (S1, S2, S3 and S4) and the pathophysiology of common murmurs including aortic stenosis, aortic insufficiency, mitral stenosis and mitral insufficiency.
- Session 1C: Living with an Artificial Heart: LVAD Patient Quality of Life**  
**Cheryl Smith, RN, BSN, CCTC**, Heart Transplant and Ventricular Assist Device Coordinator, Henry Ford Health System, Detroit, MI  
 The benefits and challenges of living with a left ventricular assist device, as well as the medical management of these patients, will be addressed.
- 2:00 P.M. Break with Exhibitors and Move to Next Sessions
- 2:15 P.M. **BREAKOUT SESSIONS: GROUP 2**  
*(Select one session during this time period when registering.)*  
**Session 2D: Case Studies in 12-Lead ECG Interpretation**  
**Kathryn S. Bizek, MSN, ACNS-BC, CCRN**  
*This is a repeat of Session 1A at 1:00 P.M. See 1A for description.*

- Session 2E: Click, Swish, Whoosh! The Clinical Significance of Heart Sounds**  
**Susan D. Housholder, RN, MSN, CCRN, ACNS-BC, ANP-BC, FAHA, AACC**  
*This is a repeat of Session 1B at 1:00 P.M. See 1B for description.*
- Session 2F: My Patient has a Device! What Do I Do Now?**  
**Rita McClemore-McGregor, RN, MSN, Nurse Practitioner, VA Ann Arbor Healthcare System, Ann Arbor, MI**  
 A review of the various types of cardiac devices that are implanted in patients will be followed by an exploration of possible problems these patients may have in the hospital setting and a discussion of resultant nursing actions and options for troubleshooting.
- 3:15 P.M. Break and Move to Final Session
- 3:30 P.M. **Take Heart Jeopardy**  
 Join us for Jeopardy — an entertaining test of what you learned throughout the day!
- 4:30 P.M. **Evaluations and Closing Remarks**
- 4:40 P.M. Adjourn

▼ **PROGRAM PLANNERS**

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|-------------------------------------|--|
| Denise L.C. Adams, RN, MSN, ACNS-BC | Suzanne Mohler, RN, MSN                    |
| Stephanie Bemis, RN, BSN            | Joy Pollard, RN, PhD, CCRN, ACNP-BC        |
| Alice Betz                          | Shurrell Smith, RN, BSN                    |
| Barry Bleske, PharmD                | Karen Stemmer, RN, MSN, ACNP-BC            |
| Diane Drago                         | Claudia Valdez-Lowe, RN, MS, ACNP-BC, CCRN |
| Cimone Hall, RN                     | Cassandra Zak, RN, MSN, ACNP-BC            |
| Kate Martin, RN, BSN                | Melanie Ziarkiewicz, RN, MS, ACNP-BC       |

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